



# The Scoop

## Earth Month



Did you know that we have been composting at GHBC since 2019? During that time we have collected an impressive 1,103,854 lbs. of compost! By composting our food scraps, waste, and leftovers, we are making a positive impact on the environment. Keep up the great work!

To learn more about composting and how you can get involved, the Green Team will be setting up a display table in the rotunda from April 16 – 18. Stop by for additional instructions and tips.

You can also join us at the second Wellness Lecture Series on April 20 at 2:00 p.m. in the Goodwin House Alexandria Auditorium where Paul Tukey, the Chief Sustainability Officer at Glenstone Museum, will speak about the communal dimension of wellness.



## Dining Key Fobs

We are in the process of activating the dining key fobs that are integrated with our new point of sale system. Keep an eye out for your card in your mailbox soon. This new key fob will be used at the Bistro and the JDR to ensure the correct resident is charged.

The use of key fobs is encourage but not mandatory .



## Coffee Mug Donations

Do you have any spare mugs that are not being used in your apartment? If so, please consider donating them to the Market Place, where they will be put to good use. Thank you for your generosity!



## Apple Cider

As the winter season comes to a close, we will be saying goodbye to our warm apple cider. Today will be the last day to enjoy this seasonal treat, so be sure to stop by and savor it while you still can!





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## Mother's Day Brunch Reservations

will be available beginning at 9:00 a.m. on Friday, May 3 by calling ext. 7645. Please stay on the line until you are able to talk to a team member.

**Please return green boxes to the Market Place.** We are specifically short on the small boxes for salad, fresh fruit, and dessert.



**Fireside will be open on Wednesday nights** starting on May 1. Reservations for Wednesdays will be available at 9:00 a.m. on Sundays. Fireside will also remain open on Thursday, Friday, and Saturday. Please note that Fireside will be hosting a private event for Assisted Living residents on April 24.

## Curious about online ordering?

Join Daniel Ghidey's class on Thursday, April 18 from 11:00 a.m. to 12:15 p.m. in the Board Room to learn how to navigate the online ordering system. Reserve your spot by signing up in the Resident Business Center starting April 5.



Wonderful Easter brunch-- thank you! Enough variety and choices to suit every palate. We hosted four young people in their 20's and one of them went back at least four times for more food!



The meal was so delicious last night (steak, baked sweet potato, and pea/ carrot stir-fry) that I came very close to paying for a second meal just like it.



Thanks for the delicious Greek lemon chicken soup. I had one for dinner and got two more for carry out. I hope we will see it rotated often!



I feel that we have too much white bread, which I typically try to avoid. The hot dog and hamburger buns, as well as the bread for our weekly special sandwiches, are always on an extra large, white bun. I would like to see more whole grain options available  
*Thank you for the feedback. We will work on increasing our whole grain options for sandwich specials and buns.*

